

INTERIORS SHOPPING ADVICE FOOD TRENDS EXPERTS INSPIRATION

HOMES & GARDENS®

NOVEMBER 2010 £3.70

SIMPLE CLASSICS

WARM AND WELCOMING HOMES
FROM SUSSEX TO FRANCE



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- Playing with scale
- Perfect craft room

EXPERT ADVICE

- Decorating with rugs
- Marble bathrooms
- Guide to heating

FOOD & TRAVEL

COOKING WITH SPICES
ICELAND'S NORTHERN LIGHTS



PHOTOGRAPHS: IPC - SYNDICATION

TO A TEA
Hand-painted by Helen Beard, these characterful limited-edition china tea caddies are available in four designs and filled with honey from the hives on top of Fortnum & Mason. £150 each; contact 020 7734 8040, fortnumandmason.com.



First fruit

"Simple and comforting spiced apple shortcake tastes of autumn," says chef Marcus Wareing. "Melt 100g butter and 200g caster sugar over a moderate heat until the sugar dissolves. Add 200ml apple juice and simmer to reduce by half. Dry-roast 2 cinnamon sticks, 2 star anise and 4 cloves, then grind finely and add to 225g plain flour, 1 tsp baking powder and 50g sugar. Rub in 125g butter and mix in 1 egg. Pat two thirds of this mixture into a 30x20cm tin, top with peeled slices of 4-6 Granny Smith apples, pour over the syrup and top with remaining crumble mix. Bake at 180°C, Gas Mark 4 for 20-25 minutes. Serve warm with crème fraîche." Marcus Wareing at The Berkeley, the-berkeley.co.uk.



H&G NOVEMBER FOOD



FINE CHEESE

SanPatrignano - an Italian organisation that helps young people overcome addiction, and the inspiration behind Jamie Oliver's Fifteen - is not just a good cause, the food it produces is outstanding. British company The Deli Station has launched a range of its cheeses in the UK. Seek out the delicious, creamy Ricetto al Tartufo with white truffle, £53.95 per kg, at The Deli Station counter at Harvey Nichols, 020 7235 5000, harveynichols.com.

To be sure of the best-quality bird, order your turkey now. Award-winning Copas raises traditional breeds on a natural cereal diet to full maturity, giving succulent and tasty meat.

£11 PER KG FOR A FREE-RANGE BRONZE, COPAS, 01628 499980, COPASTURKEYS.CO.UK



SWEET CHARITY

Winner of ten gold medals at the 2010 Great Taste Awards, fine chocolatier Demarquette is just one of the food suppliers supporting Action Against Hunger's Fight Hunger Eat Out campaign. This autumn, the sale of each limited-edition Ben Tre Plantations Pure Origin bar will raise £1 for the charity; buy at demarquette.com and selected stores. Find out more about the project at actionagainsthunger.org.uk.



NET GAINS

You don't have to live by the sea to enjoy the day's catch. Cornwall-based company Fish for Thought prepares and dispatches fish and shellfish nationwide on the same day, doing all the preparation for you. The company is committed to sustainability and ethical sourcing, and delivers on Tuesdays, Wednesdays and Thursdays. You can save £5 on your first purchase by ordering at fishforthought.co.uk/homesandgardens before 30 November 2010. ▶

3 OF THE BEST... Professional-quality pans

- Green Pan Rotterdam** with a Teflon non-stick ceramic coating, from £30, aolcookware.co.uk.
- Scanpan Konik** in mirror-polished stainless steel with an aluminium core, from £59, inthehaus.co.uk.
- Stellar 6** for induction and all other hobs, from £49, 179400000.stellarcookware.co.uk.